

# Introduction to Agility

1 Day (7 Hours)



Our Agile Essentiels Workshop is the perfect way to discover the world of agility!

This intensive and fun day will allow you to :

- Learn more about Agile and Scrum values and principles;
- Understand the Agile mindset and apply its principles in your daily work;
- Put your new knowledge into practice through a business simulation project game;
- Glimpse the impact and possibilities of agility in your professional and personal environments.



Our unique awareness workshop is ideal as [a corporate training for your teams](#). The course can be tailored to meet your specific needs and can also be delivered in half-day or evening sessions.

## LEARNING OBJECTIVES

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After our 1-day Introduction to Agility you will:

- Understand why the agile values, principles & practises work and how to take advantage of the opportunities for Agile.
- Explore the Agile principles and how to build the discipline to support those principles in your everyday practice.
- Discover how to begin to map the transition of your existing team or enterprise-level processes, artifacts and forums to Agile.
- Appreciate the power of Agile teams through communication, collaboration and cadence.
- Uncover the pitfalls that teams will encounter in an Agile transition and understand how to overcome those challenges.
- Learn more about the Scrum meetings & ceremonies and how to facilitate them so they go well.
- Have knowledge of the most used Agile tools: Scrum et Kanban.
- Discuss the transition from command and control to empower and inspire style of leadership.
- Identify some of the common pitfalls Agile teams may encounter.

## PROGRAM

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### Overview of Agile and Scrum Principles

- What is Agile?
- Agile Methods — Principles and Practices
- Agile Benefits — what you can expect
- Why Agile works
- Agile & Scrum Teams

### Agile and Scrum Basics Concepts and Practices

- User Roles and Personas
- Definition of Agile Methods
- Agile Practices
- Sprinting: Agile Practices in Motion
- Product vision, roadmap and planning
- Product Backlog and User Stories
- Prioritization techniques
- Relative Estimating
- Agile's iterative approach

### Becoming Agile

- Apply the Agile principles directly during the training. The participants will simulate a project through a LEGO® business game using all the Agile and Scrum elements to achieve this.

## WHO SHOULD ATTEND?

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This course focuses on the key values and principles of Agile & Scrum. An understanding of project management is beneficial but not a must.

## PREREQUISITES

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There are no formal prerequisites for this course.

## OUR AGILE FUNDAMENTALS WORKSHOP INCLUDES

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- Training by an experienced Agile Coach
- The course documentation
- The use of the business game during the course
- Coffee breaks and refreshments, lunch with your trainer, free wi-fi

This awareness course is not linked to a certification.