

n8n initiation - Automate your professional tasks with n8n



Start automating your tasks without coding and save time from today

Design and deploy autonomous AI agents capable of collaborating, deciding and interacting with your data — without coding.

□ After this one-day training-workshop, you will leave with:

- One or more functional n8n workflows created by yourself
- The ability to adapt, modify and relaunch your automations independently
- Practical resources (slides, Notion space) to reproduce and deepen your knowledge



This training is developed and delivered in collaboration with the Sola Agency. Number of places limited to 8 people.

□ LEARNING OBJECTIVES

At the end of this 2-day training, you will be able to:

- Understand the principles and benefits of workflow automation.
- Configure and use the n8n interface.
- Create basic automated workflows.
- Connect n8n to common external applications.
- Manipulate and transform simple data within a workflow.

□ TRAINING CONTENT

A one-day training divided into 6 modules.

Schedule: from 9am to 5pm

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| M1 | Introduction to automation and n8n
Challenges, use cases, key concepts and overview of possibilities. |
| M2 | Getting started with n8n (Cloud)
Discovery of the interface, essential parameters and configuration best practices. |
| M3 | Triggers and scheduling
Creation of workflows with manual and scheduled triggers. |
| M4 | Data manipulation
Transformation, filtering and simple routing of data in the nodes. |
| M5 | Connections to external services
Typical integrations: email, cloud storage, communication, etc. |
| M6 | Guided workshop
Step-by-step construction of one or more first workflows useful to the participant's professional context. |

□ TARGET AUDIENCE AND PREREQUISITES

This training is designed for you if you want to save time without writing a single line of code.

- Professionals juggling repetitive and time-consuming tasks
- Managers or project managers wishing to streamline their daily processes
- Freelancers and small teams who want to easily connect their tools
- Anyone curious to explore automation without technical baggage

No programming prerequisites are necessary. **The training is 100% accessible to beginners.** Everything is explained step by step, with concrete and guided cases.

□ PEDAGOGICAL METHOD

No long speeches but directly applicable concrete:

- 20% theory to understand the basics and 80% guided practice on your use cases
- Live demonstrations to visualize each step before testing it yourself
- Personalized exercises to build the workflow adapted to your daily life
- A Notion space with slides and supports to accompany you after the session