

Lean Practitioner Training

Become a key player in continuous improvement within your organization



The **Lean Practitioner** training is for those who want to move from intention to action. As a Lean Practitioner, you become the **driving force of continuous improvement**, capable of leading teams, driving concrete initiatives and achieving measurable results, alongside your current role.

- **Concretely improve your processes** with immediately applicable Lean tools
- **Become the driving force of continuous improvement** within your organization
- **3 days of training** spread over 3 weeks, alternating theory, exercises and simulations
- **Learn by doing**, via simulations and a **concrete improvement project**, post-training, with **6 to 8 hours of individual coaching** by a Lean expert
- **Enhance your expertise** with an internationally recognized Lean certification (ISO 13053 & 18404)
- [Contact us](#) to organize this training in your company



This **3-day** training course, resolutely **practical-oriented**, immerses you in the heart of Lean Management through **realistic simulations**, immediately applicable tools, and a **concrete improvement project** guided by a Lean expert. The goal is not just to understand Lean, but to **permanently anchor it in your professional daily life**. At the end of the training and practical mission, you will obtain an **internationally recognized Lean Practitioner certification**, in accordance with **ISO 13053 and ISO 18404** standards, attesting to your ability to apply Lean in a professional and structured manner.

Training Objectives

- **Master essential Lean techniques** to improve process performance (Value Stream Mapping, Kanban, Kaizen, 5S, Poka-Yoke, pull flows...)
- **Animate and structure improvement initiatives** with your teams, even in situations of resistance to change
- **Identify and eliminate waste** to optimize flows, quality and speed of processes
- **Immediately apply Lean concepts** through simulations and a real project carried out in your organization
- **Adopt the Lean philosophy** and develop a true continuous improvement mindset

Course Program and Content

The **Lean Practitioner** training covers all the essential Lean techniques for analyzing, improving and managing processes in a structured and sustainable way. The concepts are systematically illustrated and applied through **concrete cases and realistic simulations**.

4 hours of preparation | 24 hours of theoretical instruction | 4 hours of homework | 80 hours of practice

Lean fundamentals and techniques

- Origin, principles and philosophy of Lean Management
- Lean and the Theory of Constraints
- Value analysis for the customer
- Value-added and non-value-added activities
- The **8 sources of waste**

Optimization of flows and process performance

- Value Stream Mapping
- Flows, pull flows and Little's Law
- Line Balancing and **Takt Time**
- Kanban, safety stocks and pull supply

Quality, standardization and continuous improvement

- **5S** and visual management
- **Poka-Yoke** (error prevention)
- **SMED** and reduction of batch changeover times
- Kaizen and Kaikaku (continuous improvement and breakthrough)

Problem solving and Lean project management

- A3 Management and 5 Whys method
- Creative problem-solving tools
- Composition and animation of an improvement team

- Basics of **Lean Project Management**

Who is this training for?

- Professionals who want to master Lean tools and **lead improvement projects** in their organization.
- Managers, project managers, operational managers, Lean consultants or anyone involved in process improvement.
- No prerequisites are necessary: the training starts with Lean fundamentals.

Certification

The **Lean Practitioner** training leads to an **internationally recognized certification**, attesting to your ability to practically apply the principles and tools of Lean Management in a professional context.

A certification in two parts:

- **Theoretical Lean Practitioner Certificate**
Issued after passing the theoretical exam, it validates your mastery of Lean concepts, methods and tools.
- **Practical Lean Practitioner Certificate**
Issued after the completion and validation of a **concrete improvement project**, carried out in your organization and accompanied by a Lean expert.

The Lean Practitioner certificates comply with ISO 13053 and ISO 18404 standards, internationally recognized and aligned with the Lean competencies standards used by many organizations and institutions

Course materials

- **Complete educational material** provided during the training.
- Access to the *MyTraining™* platform with additional content (videos, guides, templates).
- Tools, canvases and models used directly in the context of practical projects.