Cybersecurity Fundamentals

Discover the secrets of cybersecurity: a 2-day immersion course





Dive into the heart of cyber security with our intensive, interactive course, specially designed to transform theory and practice into concrete skills. In just two days, embark on a journey through the fundamental aspects and current challenges of IT security, thanks to a programme that combines knowledge and practice.

- **Discover** the pillars of cybersecurity, from information protection to risk management, and understand why it is the foundation on which the security of any organisation rests.
- **Travel** to the heart of the most common and sophisticated attacks. Learn how to identify vulnerabilities and anticipate adversaries' movements to better counter them.
 - Explore advanced techniques for securing your digital assets.
- **Prepare** yourself to respond effectively to security incidents. Discover how response teams manage crises to minimise damage and restore normality.





Participants in our **cybersecurity training programme** will demonstrate their understanding of the basic principles that underpin and define cybersecurity, as well as the essential roles of cybersecurity professionals in **protecting corporate data and infrastructure**.

In addition to theoretical presentations on understanding cyber security, we offer workshops where participants will be required to respond to pre-defined incident scenarios. This **interactive learning experience** will enhance their ability to effectively manage cyber incidents and collaborate as a team to ensure the company's digital security.

TRAINING OBJECTIVES

- Understand the fundamentals of cyber security
- Raising awareness of threats and risks
- Presentation of security technologies and controls
- Ability to respond to basic security incidents
- Awareness of risk management
- Compliance and governance skills
- Improved business resilience
- Privacy awareness
- Use of best practice and security frameworks

COURSE CONTENT

During this course, you will discover the fundamental principles of cybersecurity and **develop the essential skills** to protect your organisation's data and systems.

The first part of the course is divided into four chapters.

Fundamentals of security

- 1.1 What is security?
- 1.2 Types of security
- 1.3 Specialised systems
- 1.4 Roles and responsibilities
- 1.5 Governance, risk management and compliance
- 1.6 Cyber security governance
- 1.7 Resilience
- 1.8 Business continuity and disaster recovery
- 1.9 Business impact analysis
- 1.10 Recovery concepts
- 1.11 Information security objectives
- 1.12 Privacy
- 1.13 Privacy versus security



Threat landscape

- 2.1 Cyber risk
- 2.2 Threats
- 2.3 Vulnerabilities
- 2.4 Cyber attacks
- 2.5 Attack attributes
- 2.6 Attack process
- 2.7 Malware and attacks
- 2.8 Risk assessment
- 2.9 Supply chain considerations
- 2.10 Risk management cycle
- 2.11 Risk management
- 2.12 Use of risk assessment results

Securing assets

- 3.1 Identification of industry risks, standards, frameworks and guidance
- 3.2 Architecture, models and frameworks
- 3.3 Security controls

Security operations and response

- 4.1 Security operations
- 4.2 Tools and technologies
- 4.3 Incident management
- 4.4 Forensics

The second part of the course will test participants with predefined scenarios. Based on different incidents, participants will have to formulate an appropriate response to preserve the organisation's systems.

Finally, participants will take a quiz at the end of the day to ensure that all the concepts have been correctly assimilated.

WHO SHOULD ATTEND?

- Co-workers who are not familiar with cyber security
- Students and recent graduates
- Organisational teams
- IT professionals

PREREQUISITES

There are no prerequisites for this course.

COURSE MATERIAL

The course presentation will be distributed to all course participants in paper and digital format.

During the course, participants will receive a series of readings to help them understand the concepts presented during the course.

We will also be sharing with you the most important European guides and regulations in electronic format.

TEST AT THE END OF THE COURSE

A quiz in MCQ format will be distributed at the end of the course.

Participants will have 60 minutes to answer the quiz, and will be given the notes and training materials that have been distributed.

If your business has several employees requiring cyber security training, our on-demand training solutions can be tailored to meet the specific needs and objectives of your team. Our instructors are practitioners with extensive industry experience, bringing their proven cyber security expertise to you and your colleagues.

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